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## THINGS YOU NEED TO KNOW ABOUT THE VAPING EPIDEMIC

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**#1 E-CIGARETTES CONTAIN  
NICOTINE**

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**#2 VAPES CONTAIN OTHER  
HARMFUL CHEMICALS**

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**#3 E-CIGARETTES ARE NOT  
SAFE JUST BECAUSE THEY  
ARE A WATER VAPOR**

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**#4 YOUNG ADULTS ARE  
MORE LIKELY TO VAPE**

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**#5 VAPING IS ADDICTIVE**

**#6 VAPING COULD BE A  
GATEWAY DRUG**

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**#7 VAPING CAUSES HEART AND  
LUNG ISSUES**

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**#8 VAPING IS NOT EFFECTIVE  
FOR QUITTING SMOKING**

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**#9 VAPING CAN HAVE FATAL  
OUTCOMES**

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**#10 DRUG ADDICTION CAN BE  
PERPETUATED THROUGH VAPING**



MORONGO BASIN  
HEALTHCARE DISTRICT

Source:

<https://brookdalerecovery.com/10-things-you-need-to-know-about-the-vaping-epidemic/>