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MORONGO BASIN HEALTHCARE DISTRICT
ANNOUNCES FREE HEALTH & RESOURCE FAIR COMING UP OCTOBER 14TH

The Event will be held in Conjunction with the Farmers' Market in 29 Palms

The Morongo Basin Healthcare District, in partnership with the City of 29 Palms, is once again presenting a FREE Health & Community Resource Fair, Saturday, October 14th, from 9:00 a.m. to 1:00 p.m. during the Farmers Market at the new Freedom Plaza, 6547 Freedom Way, in downtown 29 Palms.

Families and residents are invited to enjoy fun and informative health activities, including free health screenings such as A1C, blood pressure, glucose and body mass index. There will also be more than 30 local and regional vendors providing helpful resources and information. The LifeStream blood mobile will be on-site collecting blood donations, and flu vaccinations will also be offered.

"The event is taking place during the regular Saturday 29 Palms Farmers' Market, so we are planning for a full day of family fun," said Joe Ruddon, Chief Community Programs Officer. "Our mission is to improve the health and wellness of the communities we serve, and this annual event allows us to carry out that mission."

For more information about the free **Health & Community Resource Fair**, visit MorongoBasinHealth.org.

A healthy Morongo Basin means that all members of the community have access to basic healthcare resources, health education and activities related to nutrition and food choice, physical activities and social support for the family.

Implementing that vision and encouraging healthy behaviors means improving access to ambulatory care services such as primary medicine for adults and children, preventive medicine, and dental care. Through the services of the Morongo Basin Community Health Centers, patients are offered access to a growing list of specialty services.